



Jesus Teaches Us How to Bee

The First Beatitude

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Read: Psalm 86: 1-7

Note: I've chosen a psalm to accompany each Beatitude for two reasons. One, with the verse being only one sentence it can be difficult to do a full devotion on it. Also, I felt this was a good opportunity for kids to get familiar with the Psalms. Every emotion they will experience growing up and finding their ways is in here. I think it is a wonderful example of how to deal with these feeling, while still being honoring to God.

Discuss: How difficult is it for you to admit you can't do something by yourself? Adults share with your kids that this is still a struggle in adulthood. In life it's often practical help that we have trouble asking for. This Beatitude is all about spiritual need. How would you describe what help you need from God?

In the psalm the author plainly tells God he is poor in spirit. Do you talk to God as openly as the Psalmist does? The psalmist also writes what comes from admitting to his need. The Beatitude says you will receive the Kingdom of Heaven. This can be a bit confusing, since it doesn't mean a castle is waiting for you when you die. Do you think the psalmist's requests are elements of the Kingdom of Heaven?

Pray:

Have a conversation with God. Let him know your struggles with letting go and asking for help. Wait in your prayer time for comfort. Seek to understand what the Kingdom of Heaven is here.